



member SPOTLIGHT



Sonia Udod, PhD, RN

As the International Liaison on the ALSN Board, Sonia Udod brings a passion for advancing leadership science combined with a commitment to encouraging international colleagues with an interest in leadership science to become part of ALSN. Sonia became interested in leadership science early in her career as a nurse as she observed the importance of the charge nurse and nurse manager in supporting bedside nurses to do their work.

Sonia Udod is a co-lead with Dr. Pamela Baxter on Creating and Translating Evidence for Nursing LEADership (LEAD) and Health Services that aims to advance healthcare leadership, nurses' work environments, health systems, and healthcare policy. Sonia's program of research focuses on nurse leader development critical to the creation of high quality

healthcare workplaces, leading to quality nurse, patient, and organizational outcomes (<https://leadoutcomes.ca/>).

Areas of research include: healthcare leadership, nurse manager role, transitions of care. Sonia is a faculty member in the College of Nursing, Rady Faculty of Health Sciences, University of Manitoba, Winnipeg, Manitoba.

Finding Common Ground

During Sonia's doctoral work, her membership with ALSN provided her with a platform for connecting with colleagues who had a common interest in leadership science. Her connections ensured that she could have opportunities to learn from, and collaborate, with experts in nursing leadership research from around the world. As many leadership science academicians may relate to being among few leadership science researchers in their own settings, Sonia credits ALSN with giving her a network of colleagues that have a common interest. As an international member, Sonia has used her network to encourage membership outside the United States. She is actively developing social media strategies to encourage recruitment of members from Canada and Australia, and beyond.

Advancing Leadership Science

Sonia credits ALSN contributing to her expertise as a leadership science researcher. Her connection with ALSN enhances her opportunity to participate in collaborative teams as a leadership science expert and is an added strength for grant applications. In this new era of research and work life, ALSN may be a medium for linking those with an interest in leadership science through technology that facilitates collaboration across international borders.

Finding a Way Forward

Sonia believes that ALSN is the preeminent association in advancing leadership science. Engaging with colleagues outside your facility, organizations, or university, and especially internationally, gives you an opportunity to advance knowledge that you can bring back to the place that you work. Developing academic practice relationship begins with our individual ability to foster links and nurture relationships in our local practices. ALSN also offers an opportunity to link with practice or academic partners to refine research questions in ways that you simply cannot do alone. These partnerships are critical for making our research be meaningful for those delivering care and advancing outcomes. ALSN is a critical factor in finding a way forward to leverage our academia and practice partnerships to advance leadership science.

Interview completed by

Thompson H. Forbes III, PhD, RN, NE-BC

Assistant Professor - Dept. of Nursing Science

East Carolina University - College of Nursing



Which ALSN member do you think we should highlight?
Let us know by emailing office@nursingleadershipscience.org